



Evaluation Letter of PEHELI 4ALL Project

Youth Exchange promoting a culture of peace and healthy living among young people through cross-cultural exchange and experiential learning

Activity dates: 25 of May till 4 of June 2025 (including traveling dates)

Activity place: Hylatio Tourist Village, Limassol, Cyprus

On behalf of the Lebanese team, we are delighted to share our reflections on the PEHELI 4ALL Youth Exchange.

The project provided our participants with a transformative learning experience, combining both personal and professional growth. They developed new competences in teamwork, communication, leadership, and creativity, while also expanding their intercultural understanding and empathy.

A particularly valuable aspect for our group was the peer-to-peer education approach. Our participants not only absorbed knowledge but also actively contributed by leading activities, exchanging cultural practices, and preparing follow-up initiatives for youth in Lebanon. This sense of empowerment has inspired them to take responsibility as active change-makers in their communities.

The tools, methods, and practices learned during the exchange were highly practical and relevant. Our participants are eager to apply them in their daily lives and in the projects they will lead in the future, especially in promoting peace, wellbeing, and intercultural dialogue.

We have observed a notable shift in attitude among our participants. They returned more confident, motivated, and aware of the importance of diversity and inclusion. This change demonstrates the project's success in fostering not only skills but also values that contribute to a more peaceful and respectful society.

The participants expressed deep appreciation for the quality of facilitation, the engaging activities, and the strong logistical support provided by the hosting organization. The collaboration and transparent communication throughout the process created a very positive and productive partnership for our organization as well.

In conclusion, the PEHELI 4ALL Youth Exchange was an inspiring and impactful project. It has encouraged Lebanese youth to remain engaged in Erasmus+ activities and to take an active role in building healthier and more peaceful communities.

We are proud to have been part of this initiative. The friendships, knowledge, and motivation it fostered will continue to inspire us long after the project has ended. We extend our sincere gratitude to the organizers and all partner organizations for their dedication and professionalism.

With appreciation,

Rana Al Ghadban

Co-founder & Erasmus+ Coordinator

Forever Young Organization – Lebanon

